

enovis™

EXOS®

Upper Extremity Bracing

Formed to fit your life



A Great Alternative to Conventional Casting!

The Exos® upper extremity braces provide you and your patients with an adjustable, reformable, and lightweight solution to aid in the treatment of fractures and other injuries requiring stabilization.

Open and close

Comfortable, lightweight material

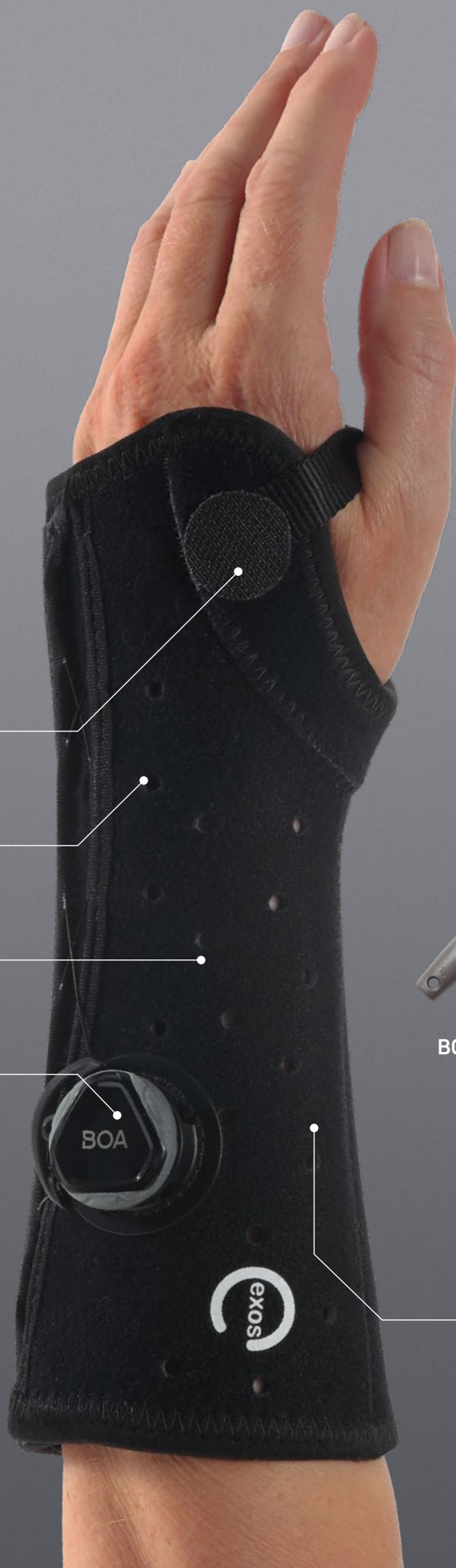
Antimicrobial treated

BOA® dynamic closure system

REMOVABLE

Although the Exos brace is custom fit to your patient, it can be easily removed, allowing:

- Examination of the fracture site
- Examination of a wound or an incision
- Assessment of muscle atrophy
- The ability to initiate rehabilitation therapy earlier in the healing process
- Skin and brace cleaning
- Sawless removal



BOA Locking Ring

Washable and waterproof

Warm it, Fit it!

REFORMABLE

Exos® braces are completely reformable, allowing:

- Modification to accommodate anatomical changes as healing progresses
- Serial changes of position
- One brace throughout duration of treatment
- Less material waste

ADJUSTABLE

Exos uses the BOA® reel and lace dynamic closure system, allowing:

- Expansion to allow for initial swelling and to reduce the risk of compartment syndrome
- Tension modification for custom fit despite atrophy or changes in soft tissue
- Improved patient comfort and fit

1. Simply heat brace in oven for 3-5 minutes



2. Open and slide onto patient's limb



3. Gently mold and adjust for a comfortable fit



4. Use the reel and lace to tighten as needed

It Takes to Water

EXOS® BRACES ARE WATERPROOF*, ALLOWING:

- Patients to continue their regular daily activities such as showering
- Children to remain active
- Athletes to continue water activities
- Use of blow dryer to quickly dry brace and skin

It's Easy to Clean

THE EXOS BRACE IS DESIGNED FOR IMPROVED HYGIENE, ALLOWING:

- Patients to hand wash and dry as needed
- Antimicrobial treated material to reduce odor
- Brace to be removed in order to clean skin or injury site

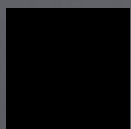
It's See-through & Lightweight

THE EXOS BRACE IS RADIOLUCENT, ALLOWING:

- X-rays to be taken without the removal of the brace
- Clinical assessment of fracture healing without the need for re-casting
- The Exos braces are significantly lighter than plaster casts or fibre glass ones

MODEL 311 COMES IN A SELECTION OF DIFFERENT COLORS AND PATTERNS:

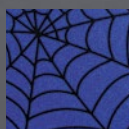
- Making them attractive and fun to wear, especially for children



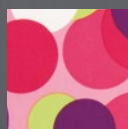
1111
Black



4444
Pink



2293
Spider



3285
Polka dot



X-ray without brace



X-ray with brace

**Limitations and precautions apply. See product instructions for use*

PAEDIATRIC SHORT ARM BRACE WITH BOA® - OPEN THUMB

INDICATIONS

Support and protection for major injuries to the wrist. Primarily for fractures to the distal radius or distal ulna and can be employed for acute injuries as well as post-operatively.

CHARACTERISTICS

- Open thumb design allows for enhanced ease of fit
- Available in a selection of colors/patterns

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	COLOR	SIZE
LEFT	RIGHT			
311-11-1111	311-12-1111	14.5 - 16.5 cm	Black	XXXS
311-21-1111	311-22-1111	16.5 - 18.5 cm	Black	XXS
311-11-4444	311-12-4444	14.5 - 16.5 cm	Pink	XXXS
311-21-4444	311-22-4444	16.5 - 18.5 cm	Pink	XXS
311-11-2293	311-12-2293	14.5 - 16.5 cm	Spider	XXXS
311-21-2293	311-22-2293	16.5 - 18.5 cm	Spider	XXS
311-11-3285	311-12-3285	14.5 - 16.5 cm	Polka Dot	XXXS
311-21-3285	311-22-3285	16.5 - 18.5 cm	Polka Dot	XXS



RHIZA

INDICATIONS

Designed to stabilize and immobilize the first metacarpophalangeal (MCP) joint and the carpometacarpal (CMC) joint. May be suitable for those suffering from osteoarthritis.

CHARACTERISTICS

- Adjustable thumb circumference and thumb strap

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
213-31-1111	213-32-1111	18.5 - 20 cm	XS
213-41-1111	213-42-1111	20 - 23 cm	S
213-51-1111	213-52-1111	23 - 25.5 cm	M
213-61-1111	213-62-1111	25.5 - 28 cm	L
213-71-1111	213-72-1111	>28 cm	XL



LONG THUMB SPICA II WITH BOA®

INDICATIONS

Stabilization to the thumb in adduction, metacarpophalangeal joint, carpometacarpal joint, distal radius, distal ulna and conditions where immobilization of the wrist in the sagittal and frontal plane is required. May be used pre-operative, post-operative, post-traumatic as well as for carpal tunnel syndrome.

CHARACTERISTICS

- Increased forearm length for better immobilization and a hook-and-loop release tab allows the brace to open more fully
- Adjustable thumb strap provides better immobilization

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
232-31-1111	232-32-1111	18.5 - 20 cm	XS
232-41-1111	232-42-1111	20 - 23 cm	S
232-51-1111	232-52-1111	23 - 25.5 cm	M
232-61-1111	232-62-1111	25.5 - 28 cm	L
232-71-1111	232-72-1111	>28 cm	XL



SHORT THUMB SPICA II

INDICATIONS

Stabilization to the first metacarpophalangeal joint and may be used pre-operative, post-operative, post-traumatic as well as for degenerative conditions.

CHARACTERISTICS

- Adjustable thumb circumference accommodates a variety of sizes

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
212-31-1111	212-32-1111	18.5 - 20 cm	XS
212-41-1111	212-42-1111	20 - 23 cm	S
212-51-1111	212-52-1111	23 - 25.5 cm	M
212-61-1111	212-62-1111	25.5 - 28 cm	L
212-71-1111	212-72-1111	>28 cm	XL



THUMB SPICA FRACTURE BRACE WITH BOA®

INDICATIONS

Stabilization to the thumb, first metacarpophalangeal joint, the first carpometacarpal joint, wrist joint, distal radius and distal ulna.

CHARACTERISTICS

- Bivalve thumb opening accommodates swelling/dressings
- Extended, trimmable length of the thumb for maximum protection
- Full hook-and-loop release ribbon for easier application

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
315-31-1111	315-32-1111	18.5 - 20 cm	XS
315-41-1111	315-42-1111	20 - 23 cm	S
315-51-1111	315-52-1111	23 - 25.5 cm	M
315-61-1111	315-62-1111	25.5 - 28 cm	L
315-71-1111	315-72-1111	>28 cm	XL



RADIAL GUTTER FRACTURE BRACE WITH BOA®

INDICATIONS

Helps provide stabilization for fractures to the 2nd and/or 3rd metacarpal (MC) bones and the respective metacarpal-phalangeal (MCP) joints of the hand.

CHARACTERISTICS

- Full hook-and-loop release ribbon allows for easier application
- Dorsal hook-and-loop secure tab secures the over-lapping (top) portion of brace for better stability
- Hook-and-loop straps across the web space and around the 2nd and 3rd digits can be attached anywhere to the brace surface for better stability
- Trimable finger section accommodates desired range of motion

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
326-31-1111	326-32-1111	18.5 - 20 cm	XS
326-41-1111	326-42-1111	20 - 23 cm	S
326-51-1111	326-52-1111	23 - 25.5 cm	M
326-61-1111	326-62-1111	25.5 - 28 cm	L
326-71-1111	326-72-1111	>28 cm	XL



BOXER'S FRACTURE BRACE WITH BOA®

INDICATIONS

Stabilize fractures to the 4th and/or 5th metacarpal bones, provides stabilization to the 4th and 5th interphalangeal and wrist joints. May be used for head/neck fracture of the 4th and/or 5th metacarpal.

CHARACTERISTICS

- Dorsal hook-and-loop secure tab secures the overlapping (top) portion of brace for better stability
- Hook-and-loop fastener straps across the web space and around the 4th and 5th digits can be attached anywhere to the brace surface for better stability
- Trimable finger section accommodates desired range of motion

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
325-31-1111	325-32-1111	18.5 - 20 cm	XS
325-41-1111	325-42-1111	20 - 23 cm	S
325-51-1111	325-52-1111	23 - 25.5 cm	M
325-61-1111	325-62-1111	25.5 - 28 cm	L
325-71-1111	325-72-1111	>28 cm	XL

EXOS® MANU ADVANCE

INDICATIONS

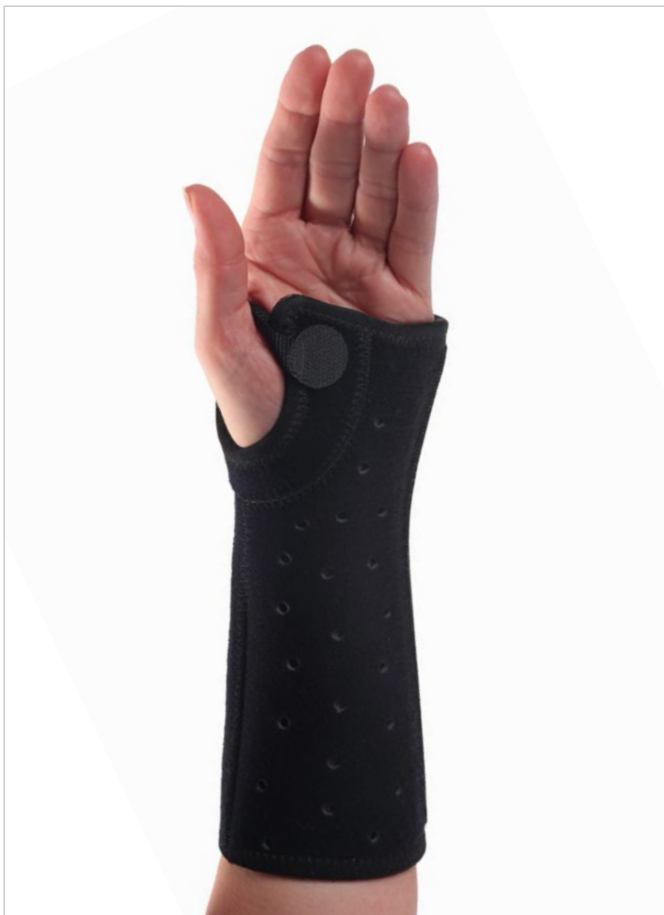
Wrist fractures (e.g. non-operative treatment of displaced distal radius fractures). Post-traumatic periods. Conservative, pre-operative and post-operative care.

CHARACTERISTICS

- Fully openable design for more convenient and comfortable fitting
- Hook-and-loop thumb ribbon for fast attachment and release
- Anti-microbial treated material designed to reduce odor

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
329-31-1111	329-32-1111	18.5 - 20 cm	XS
329-42-1111	329-42-1111	20 - 23 cm	S
329-52-1111	329-52-1111	23 - 25.5 cm	M
329-62-1111	329-62-1111	25.5 - 28 cm	L
329-72-1111	329-72-1111	>28 cm	XL



SHORT ARM FRACTURE BRACE WITH BOA® - OPEN THUMB

INDICATIONS

Helps provide support and protection for major injuries to the wrist. Ideal for fractures to the distal radius or distal ulna, and can be employed for acute injuries as well as post-operatively.

CHARACTERISTICS

- The open thumb design allows for enhanced ease of fit and patient comfort

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
312-31-1111	312-32-1111	18.5 - 20 cm	XS
312-41-1111	312-42-1111	20 - 23 cm	S
312-51-1111	312-52-1111	23 - 25.5 cm	M
312-61-1111	312-62-1111	25.5 - 28 cm	L
312-71-1111	312-72-1111	>28 cm	XL



WRIST BRACE WITH BOA®

INDICATIONS

Carpal bone injuries such as lunate, pisiform, or triquetral fractures, scapholunate dislocations, triangular fibrocartilage complex tears, radio-carpal ligament injuries, or minimally displaced or stable distal radius or distal styloid fractures.

CHARACTERISTICS

- The openings around the base of the thumb and across the palmar crease enable range of motion and provide greater comfort without loss of stability

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
221-21-1111	221-22-1111	16.5 - 18.5 cm	XXS
221-31-1111	221-32-1111	18.5 - 20 cm	XS
221-41-1111	221-42-1111	20 - 23 cm	S
221-51-1111	221-52-1111	23 - 25.5 cm	M
221-61-1111	221-62-1111	25.5 - 28 cm	L
221-71-1111	221-72-1111	>28 cm	XL



HAND BASED RADIAL GUTTER BRACE

INDICATIONS

Stabilize fractures to the 2nd and/or 3rd metacarpals or phalanges. Radial gutter portion allows the caregiver to achieve greater than 70° of flexion at the metacarpal joints of the 2nd and 3rd digits.

CHARACTERISTICS

- Web straps with hook-and-loop contact closure
- Maintains free range of motion at the wrist
- Entire brace can be trimmed for desired range of motion

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
126-31-1111	126-32-1111	18.5 - 20 cm	XS
126-41-1111	126-42-1111	20 - 23 cm	S
126-51-1111	126-52-1111	23 - 25.5 cm	M
126-61-1111	126-62-1111	25.5 - 28 cm	L
126-71-1111	126-72-1111	>28 cm	XL



HAND BASED ULNAR GUTTER BRACE

INDICATIONS

Stabilizes fractures to the 4th and/or 5th metacarpals or phalanges. The ulnar gutter portion of the brace allows the caregiver to achieve greater than 70° of flexion at the metacarpal joints of the 4th and 5th digits.

CHARACTERISTICS

- Web straps with hook-and-loop contact closure
- Maintains free range of motion at the wrist
- Entire brace can be trimmed for desired range of motion

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
125-31-1111	125-32-1111	18.5 - 20 cm	XS
125-41-1111	125-42-1111	20 - 23 cm	S
125-51-1111	125-52-1111	23 - 25.5 cm	M
125-61-1111	125-62-1111	25.5 - 28 cm	L
125-71-1111	125-72-1111	>28 cm	XL



EXTENDED SHORT THUMB SPICA

INDICATIONS

Immobilizes the base of the thumb and the interphalangeal joint to stabilize injuries to the ulnar collateral ligament (UCL) (Gamekeeper's thumb), fractures or avulsion injuries to the proximal first phalanx or distal first metacarpal, severe sprains of the thumb, or for arthritic conditions involving the metacarpophalangeal joint, or the interphalangeal joint. May also be used to immobilize the thumb joints following surgical repairs and soft tissue injury.

CHARACTERISTICS

- Bivalve thumb opening accommodates swelling or dressings
- Hook-and-loop contact closure

ORDERING INFORMATION

PART NUMBER		HAND CIRC.	SIZE
LEFT	RIGHT		
211-31-1111	211-32-1111	18.5 - 20 cm	XS
211-41-1111	211-42-1111	20 - 23 cm	S
211-51-1111	211-52-1111	23 - 25.5 cm	M
211-61-1111	211-62-1111	25.5 - 28 cm	L
211-71-1111	211-72-1111	>28 cm	XL



HUMERAL FRACTURE BRACE WITH BOA®

INDICATIONS

Stabilize fractures to the mid-shaft of the humerus and some injuries to the more proximal humerus.

CHARACTERISTICS

- Brace can be easily trimmed to the appropriate circumference
- Edge tape provided in the package can be easily applied to the trimmed edge of the brace

ORDERING INFORMATION

PART NUMBER	WIDTH	ARM CIRC.	SIZE
330-40-1111	10.5cm	15.5 - 40.5 cm	S
330-50-1111	12.5cm	23 - 45.5 cm	M
330-60-1111	15cm	28 - 48 cm	L



OVEN

INDICATIONS

Conveniently sized oven used to heat Exos® products, to gently mould the brace to the patient's limb.

CHARACTERISTICS

- Electronic thermostat controls temperature range
- Temperature settings (low 82°C, medium 93°C and high 104°C)
- 0 - 30 minutes timer control

ORDERING INFORMATION

PART NUMBER	DESCRIPTION
800-OVEN-EURO	Oven, Exos, 230V, EURO
800-OVEN-AUS	Oven, Exos, 230V, AUS
800-OVEN-UK	Oven, Exos, 230V, UK
800-OVEN-US	Oven, Exos, 120V, US

OVEN EXTENDER RING KIT

INDICATIONS

The thermal oven extension ring kit is designed to heat larger braces or brace components so that the heating element does not come into direct contact with any part of the product while heating.

CHARACTERISTICS

PART NUMBER	DESCRIPTION
800-XR	U

EDGING TAPE

INDICATIONS

Edge Tape is used to cover the cut edges of Exos products. It can also be used to prevent chafing from hard edges.

CHARACTERISTICS

PART NUMBER	DESCRIPTION
800-02-1111	Exos Edging tape Lycra-Black 1.9 x 30.48 cm
800-1111	Exos Edging tape UBL-Black 2.54 x 60.96 cm





ACCESSORIES

PART NUMBER	DESCRIPTION	SIZE	QUANTITY
EDGE TAPE - LYCRA			
800-02	Edge tape - Lycra	1.90 - 30.48 cm	10 pk
800-1111	Edge tape - UBL - BLACK = black trim	2.54 - 60.96 cm	10 pk
EXOS® SHEET MATERIALS			
800-40-1111	Exos® Sheet Materials 0.101 cm thickness	45.72 - 60.96 cm	Each
800-50-1111	Exos Sheet Materials 0.127 cm thickness	45.72 - 60.96 cm	Each
800-65-1111	Exos Sheet Materials 0.165 cm thickness	45.72 - 60.96 cm	Each
800-75-1111	Exos Sheet Materials 0.190 cm thickness	45.72 - 60.96 cm	Each
BOA® ACCESSORIES			
800-ATK	Boa® Adjustable Tensioning Kit	N/A	Each
800-LR	Boa Locking Ring Kit	N/A	Each
OVENS			
800-Oven-EU	Oven, Exos, 230V, EURO	N/A	Each
800-Oven-AUS	Oven, Exos, 230V, AUS	N/A	Each
800-Oven-UK	Oven, Exos, 230V, UK	N/A	Each
800-Oven-US	Oven, Exos, 120V, US	N/A	Each
800-ER	Extender Ring	N/A	Each
800-OVENBAG	Exos Oven Bag	N/A	Each
OTHER ACCESSORIES			
800-DUFFLEBAG	Exos Duffle Bag	N/A	Each
800-SIZINGTAPE	Exos Sizing Tape	N/A	Each



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